

OFFENDERS AND OPPOSITES

The things we are offended by—both big and small—are often revealing to us something we value. Identify 3 to 5 things that offend you. Summarize it into a single word. Then, identify the opposite idea that most specifically identifies the value or characteristic that drives you.

Offender	One-Word Summary	Opposite
[Example] People acting like something they are not.	Fakeness	Authenticity