

**GOSPEL MICRO GROUPS**  
**DISCIPLE-**  
**MAKING**  
**FRIENDSHIPS**  
**THAT MULTIPLY**

**DAVID LOVELESS**  
**AND SHANE STACEY**

# TABLE OF CONTENTS

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DO YOU WANT TO INCREASE YOUR JOY?	3
KEYS TO LEADING A GOSPEL MICRO GROUP	4
STARTING A GROUP IS AS EASY AS P.I.E.	7
SPIRITUAL PRACTICE #1: READ REGULARLY	9
SPIRITUAL PRACTICE #2: MEET WEEKLY	10
HOW TO LAUNCH STRONG	11
WHAT'S NEXT & HOW TO MULTIPLY	12
APPENDIX A: LIFE'S DEFINING MOMENTS	14
APPENDIX B: GOOD NEWS JOURNAL - MARK	15
APPENDIX C: INTEGRATING DISCIPLING TOOLS	16
APPENDIX D: TIPS FOR DISCIPLING UNBELIEVERS	17

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# DO YOU WANT TO INCREASE YOUR JOY?

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One of the only places in the four gospels that explicitly tells us that Jesus was filled with joy is Luke 10:21. A bunch of Jesus' friends—72 to be precise—had just come back from taking what they had learned from Jesus to those in the places where they lived, worked, and played.

The result? They saw the Kingdom of God breaking into the every day places of life. Their relationship with Jesus was transforming them and overflowing into the lives of others. In fact, Luke says their own joy was peaking (see Luke 10:17). But, he also says Jesus was filled with such joy by the Holy Spirit that it caused Him to spontaneously break out in praise to the Father.

One of those friends of Jesus, often known as the disciple Jesus loved, later reiterated the same reality: “I have no greater joy than to hear that my children [*disciples*] are walking in the truth” (3 John 4).

If you want greater joy in your life there are few things more fulfilling than investing what the Lord has done in your life, into the lives of several others and then seeing them not only experience new growth because of it, but then do the same for others.

In fact, the Hebrew word for friendship is the word *haver*. It is the practice of grappling in twos and threes over the application of God's word and ways as we share life and mission together. Today, we may think of this simply as disciple-making friendships.

It is at this intersection of intentional time with Jesus and intentional time with friends that we can be guaranteed to find increased joy. We call these sort of intentional relationships a **Gospel Micro Group**.

The following is a very simple process for how to facilitate a Gospel Micro Group in such a way that increases joy through disciple-making friendships that multiply.

**I have no greater joy than to hear that my children are walking in the truth.**

**—3 John 4**

# 1.

## KEYS TO LEADING A GOSPEL MICRO GROUP

When you study Jesus, you quickly find he approaches leadership very differently than we do in America. We tend to cast a vision and try to get people to embrace it. Jesus, more often, casts vision by living a way of life and inviting people to join Him. In fact, the apostle Paul picks up this same leadership model (see 1 Corinthians 4:16-17, 2 Timothy 2:2 NIV).

Let's set the stage by defining what a Gospel Micro Group is, the core essentials and the role as a facilitating coach.

### 1. WHAT IS A GOSPEL MICRO GROUP?

A Gospel Micro Group is a group of 3-5 friends that are seeking together to (re)discover the simplicity of living with Jesus and for Jesus in all of life through helping one another respond to His Word and Spirit. Ultimately, the goal is aspiring to live and multiply Jesus' disciple-making way of life.

- ➔ Each micro-group consists of 3-5 people. A facilitator (first person) invites 1-2 people. Each person they invite must ask one additional person themselves.
- ➔ Micro-groups can multiply at any time but are encouraged to at least complete the Gospel of Mark before they do.

**(Re)discovering the simplicity of living with Jesus and for Jesus in all of life through responding to His Word and Spirit together.**

## 2. WHAT ARE THE CORE ESSENTIALS FOR SUCCESS?

The following five essentials are adapted from David Putman. They form the irreducible core of a thriving GMG that leads to multiplication.

- ➔ **Simple enough to reproduce.** Micro-groups are intended for rapid multiplication and can be led by anyone, at any time, in any place. A healthy micro-group can consist of pre-disciples, new disciples, growing disciples, and leading disciples. The goal is not to control them but to allow them to multiply through natural relational networks.
- ➔ **Scripture is our curriculum.** Since Mark is the shortest, and in some ways the easiest to read, it is recommended that your micro-group start here. It will take approximately

four weeks to finish, reading four chapters each week. It is important to note that it is not necessary to complete all four gospels to multiply. Some groups will be ready to multiply after completing the first selected gospel, while others may choose to move through several.

### FOR A GMG TO THRIVE, COMMIT TO THE BIG FIVE:

1. Prioritize gathering weekly
2. Complete Scripture readings
3. Offer yourself fully to the Lord
4. Open your lives to one another
5. Be willing to start my own GMC...in time.

- ➔ **Holy Spirit is our teacher.** Gospel Micro Groups become transformative when people learn to recognize and respond to Jesus through His Spirit. Therefore, two questions to ask daily as you move through the Scriptures and through life are:

1. *What is Jesus saying to me?*
2. *What am I going to do about it?*

- ➔ **Apprenticing to Jesus is the ultimate objective.** The Hebrew word for disciple is *talmid*. In the 1st century, a rabbi chose disciples (*Talmudim*) whose goal was not merely to know what the rabbi knew—but to learn to live like the rabbi in every nook and cranny of their lives. Today, we describe a disciple as *one who is learning to live with Jesus and for Jesus in all of life—and, helps others do the same*. This is why, throughout the Gospel Micro Group journey, we integrate in the four roles of our “dream disciple”. These are the kinds of people we want to be growing into and multiplying. It turns out that the Christian life isn’t just a purpose-driven life but, first and foremost, it’s a person-driven life. If we get the person right, we’ll get the purpose right. If we get the person wrong....(well, you finish the sentence).
- ➔ **Relationships are our vehicle.** The gospel naturally travels from one relationship to another. This is why Gospel Micro Groups are limited to 3-5 people and are started when you invite your 1-2, and your 1-2 invites their one. When we study how Jesus made and multiplied disciples in the Gospels, we quickly see that he invested in a few who would multiply. Where there is little-to-no relationship, there is no disciple-making.

### 3. WHAT IS YOUR ROLE AS A SPIRITUAL COACH/GOSPEL FACILITATOR?

- Invest both your life and the Living Word that's in you, with the people whom you have influence.
- Love people as they are, not as you want them to be.
- Open your life to the people you're investing in (being vulnerable about both your highs and lows in life).
- Set a living example, not a perfect one, that can be practiced. Let them see how you live by giving access to your life outside, not just inside, your *Gospel Micro Group* meeting.
- Provide regular feedback that is both encouraging and challenging.

### HOW THE APOSTLE PAUL EXPRESSED IT:

“Just as a nursing mother cares for her children, so we cared for you. Because we loved you so much, we were delighted to share with you not only the gospel of God but our lives as well... For you know that we dealt with each of you as a father deals with his own children, encouraging, comforting and urging you to live lives worthy of God, who calls you into his kingdom and glory.” —1 Thessalonians 2:7,11-12

### 4. AM I QUALIFIED TO BE A SPIRITUAL COACH/GOSPEL FACILITATOR?

You're qualified to lead others to better follow Jesus if you're seeking to follow Him yourself. The Bible is filled with men and women, just like you, who had both goodness as well as brokenness in their lives. All of the influencers in the Bible, were people who openly professed that Jesus was in the process of healing and restoring all the imperfect parts of their lives.

# 2.

## STARTING A GROUP IS AS EASY AS P.I.E.

### STEP 1: PRAY

Once again, we can tear a page from Jesus' playbook when it comes to where to start. Luke 6:12 informs us that the place Jesus started, before pulling a few close who He'd invest in, was prayer. Jesus asked the Father who to pull close.

In prayer, ask God to bring the names and/or faces of people in your relational sphere of influence who like you enough that they would be willing to read one of the gospels with you over a few weeks.

Trust the Holy Spirit to know who He's already working in. Don't discount a name or face that may come to your mind as you're praying.

### STEP 2: INVITE

**Invite Your One.** Inviting your 'one' is the secret sauce to disciple-making friendships that multiply. Since micro-groups are designed to reproduce rapidly, they must be simple to start. All it takes is inviting your one (or two).

#### **Have your friend invite their one.**

Once you've invited your one, ask them to invite their one. When you become an inviter you become an owner, and it provides a kind of glue that bonds the group together.

### A SAMPLE INVITATION

"I've been experiencing some new growth in my relationship with God, some new changes in my own life, and it's helping me in my relationship with others. I don't want to keep what I'm experiencing to myself.

Would you be interested in meeting with me, for the next five weeks, for the purpose of mutually encouraging one another in our walk with God?

We'll simply be reading through the Gospel of Mark, a few chapters a week. I'd also love an excuse for us to spend some additional, meaningful time together.

If you're interested, I'd only ask two things:  
1) I'd love for you to also invite someone you know, no matter where they are in their faith journey, to join us for the five weeks.  
2) If you find it as valuable as I have, you'd be open to pulling a few friends together yourself down the road."

**A Word of Caution:** Please don't invite them to a "Gospel Micro Group." You're NOT inviting them to a group. nor is the name important. What is important is inviting them into further relationship with you and into a new growth opportunity for them. Also, the reason why you're inviting them to five meetings is because there is an introduction meeting plus four meetings centered around the application of the gospel of Mark.

**Limit Your Micro Group to 3-5.** The reason we limit our groups is that it forces us to reproduce rapidly. Once you start reading through the Gospels, you will want to invite other people into your group, but it is essential to resist the temptation to get bigger. Instead of getting bigger than 3-5, emphasize getting bigger by multiplying. Start a new micro- group whenever it makes sense.

### **STEP 3: ENGAGE**

The final step is to engage time with Jesus and time together by choosing a time to meet weekly for 75-90 minutes. Decide on a relationally warm, non-distracting location to gather. You can even choose to meet virtually—all the time or every other week. The key is consistency.

Explain that each person that has been invited is being asked to make two very simple—but very important— commitments for four weeks, after the initial introductory meeting:

**When we get together, I want to encourage you in your faith, but I also want to be encouraged by yours.**

**-Roman 1:12 NLT**

#### ***Spiritual Practice #1:***

**Read** one chapter of Good News in the Gospel of Mark, four times a week, and answer two questions.

*(See example appendix B)*

#### ***Spiritual Practice #2:***

**Meet** once a week to wrestle what Jesus may be saying to each of you.

*(See meeting outline page 10)*

After the initial five weeks, you'll assess together whether to continue or best next steps.

*The acronym P.I.E. taken from Disciplemaking Genius of Jesus by Bill Allison*

# 3.

## SPIRITUAL PRACTICE #1

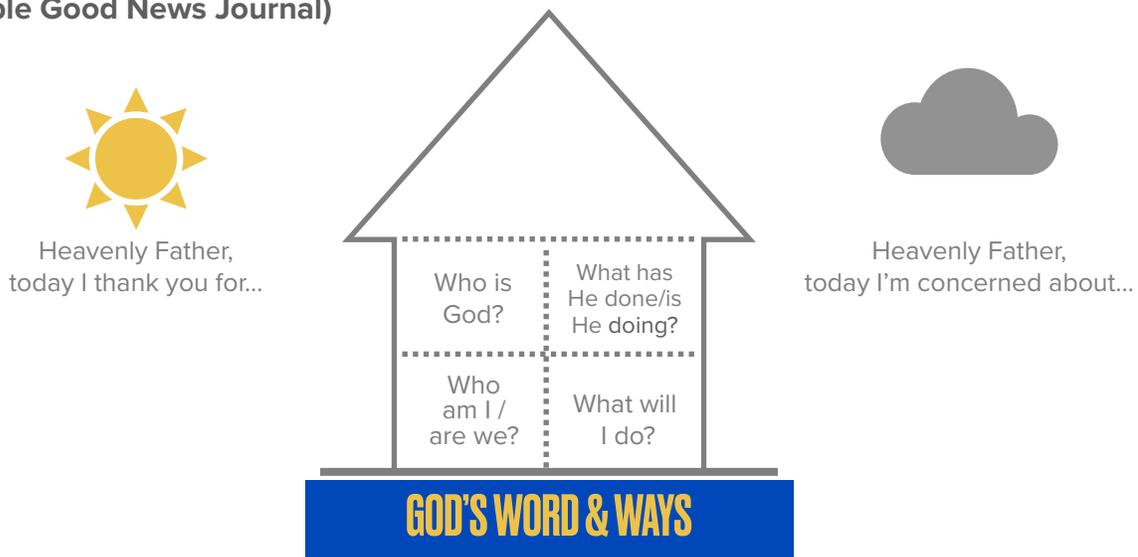
### READ GOOD NEWS TO KNOW & OBEY JESUS

Apprenticeship to Jesus revolves around two foundational questions as you read scripture and walk through life:

- 1** What is God saying to me about Himself, myself and/or the world?
- 2** What will I do about it?
  - A mindset to adopt or abandon?
  - A direction to step into or away from?
  - A person to pray for or care for?
  - An example to imitate or avoid?

Jesus said, “everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock” (Matthew 7:24-25). Men and women of wisdom seek to hear from God and they act on what they hear.

As you read the Gospels look for what God is revealing about Himself, about you, and/or the world. Then, identify how you will respond to what God is revealing to you. Be ready to share both of these things with your Gospel Micro Group. **(See Appendix B for a sample Good News Journal)**



# 4.

## SPIRITUAL PRACTICE #2

MEET WEEKLY TO SHARE MY GOOD NEWS

### LOOK BACK: (15 Minutes)

#### Celebrate & Care

- What is something that happened this week that you are celebrating?
- What is something that happened this week that is painful? *[Go first!]*

#### Check-In

- What is one thing that we did this past week, that Jesus directed us to do, from last week's readings? *[Go first!]*

#### Cast Vision (60 seconds)

- Celebrate steps individuals have taken and briefly restate the vision for the micro group.

### LOOK UP: (30-40 Minutes)

- What Gospel chapters were you able to read? *[Demonstrate grace if needed.]*
- What is a primary thing that you believe Jesus was saying to you this week in one of your readings?
- Introduce a discipling tool if applicable tied to what was shared and read.

### LOOK AHEAD: (10-15 Minutes)

- What did you sense Jesus was/is asking you to do about what He is revealing to you? *[I.e. A mindset to adopt or abandon? A direction to step into or away from? A person to pray or care for? An example to imitate or avoid?]*
- Who can you share the good news God is revealing to you? Invite each person to pray concerning what the Lord was doing in them, as a result of your meeting together.

## INTEGRATING YOUR DREAM DISCIPLE:

### Encourage your friends to look for...

...where they see expressions of your church's **Dream Disciple roles** in Jesus and his early followers as they are reading through the Scriptures. Mark it in the margin or take note.

### As a Spiritual Coach, look for opportunities...

...to ask one or two of the **Dream Disciple questions** that naturally tie to the reading.

... to review the **Dream Disciple Questions** during the *Look Back* portion to see where the Holy Spirit may already be working. Then shift to *Look Up* in order to address any theme that surfaces with a passage from this past week's reading.

...share a **Discipling Tool** that brings further illumination and application to what God is saying to them and/or naturally tied to what surfaced in the reading this week. (See appendix C for an example).

# 5.

## HOW TO LAUNCH STRONG

After you've asked God who he wants you to pull close into a disciple-making friendship, and they have in turn invited a friend in their relational sphere of influence (see page 7), then **communicate the following to them:**

1. Where you'll meet and when. Choose a comfortable, relationally warm, distraction free location and a 75-90 minute time frame that works for all of you.
2. Send the pdf "**Life's Defining Moments**" to both people and ask them to complete it prior to your initial first meeting and bring it with them. (See example Appendix A)
3. Conduct the first meeting over coffee or a meal. Make the time highly relational. Here is the suggested agenda for this introductory meeting:
  - Each person will share the *Top Six Defining Moments* of their life's story.
  - Briefly share vision for the ultimate purpose of this journey together and, in order to thrive, the necessary shared commitment to the Big Five (see page 5).
  - Explain that the next four sessions will revolve around two practices:
    - Spiritual Practice #1: Read** one chapter of Good News in the Gospel of Mark, four times a week. Use the journal to answer two questions after each reading.
    - Spiritual Practice #2: Meet** once a week, as a group, to wrestle what Jesus may be saying to each of you.
  - Demonstrate how to read Scripture and hear God from it. Have someone read Mark 1:1-12 out loud. Explain how to listen for what it says about God, yourself, and/or the world.
  - Have someone read it again. And, this time, have each person (beginning with you) share what Jesus might be saying to them.
  - After each person has done that, have them share what is one way they might apply that in their lives this week (beginning with you).
4. At the end of your initial meeting, give them a pdf or copy of the *Good News Reading Journal* and show them how to begin to use it, beginning the next day.

WHAT IS GOD  
SAYING?  
WHAT AM I DOING  
ABOUT IT?

# 6.

## WHERE TO MOVE NEXT & HOW TO MULTIPLY

The goal of every group is eventually to multiply. Some groups will be ready sooner than others. Mature believers who are becoming captured by Jesus' disciple-making call may be best challenged to go and begin their own groups. It can be helpful to let them know that you'll gather the original group back together in six weeks to share stories of how the new groups are going.

Others may need six to nine months together before multiplying. If you determine there is benefit in continuing to meet, consider the following path forward:

**I'M PRAYING NOT ONLY FOR THESE DISCIPLES BUT ALSO FOR THOSE WHO WILL BELIEVE IN ME BECAUSE OF THEM AND THEIR WITNESS ABOUT ME. —JOHN 17:20**

- Identify if there is one or more who you can invite to share the facilitation. This can help to grow confidence in the person to be ready to lead their own group in the future. Keep introducing the idea of multiplication.
- Use your church's **Dream Disciple Questions** as a way to reset the group determining where specifically the Holy Spirit is calling individuals to grow.
- Based on what surfaces, consider working through another gospel or Acts with attention on that emphasis. **See Appendix B-F for Good News Reading Journals.**
- If you decide to continue your group, consider taking a week and training them in one of the discipleship tools, located in the **Discipleship Tools Appendix G.**

## FIVE WAYS TO MULTIPLY

- 1) Everyone in the existing group launches out to start their own groups with a commitment to reconnect every 8 to 12 weeks to share stories.
- 2) Send one person to go start another group while you stay with the existing group until the others are ready to multiply.
- 3) Raise up another Spiritual Coach from within the existing group to allow the group to continue longer and you go start another group.
- 4) Continue to meet for a season with the existing group but you and/or others also start their own groups.
- 5) Continue and add another person to your group for a few weeks and then divide the group into two groups.

Just as it is a parent's job to raise and release their children into the world to eventually start new families, so gospel coaches must do the same. Every parent knows that holding on to your children for too long actually stunts their growth.

There is Luke 10:21 joy awaiting each of us when we, like Jesus, see those we invested in investing in others. Don't rob yourself of that joy.

## HOW DID JESUS' DISCIPLES HEAR THE GREAT COMMISSION?

“You know the friendship I’ve shared with you for the last three-and-a-half years? Repeat that in the exact same way over and over again. Starting right now, go and do exactly what I did with you...with other friends....and help them do it with their friends without ever stopping. When you tell others in your life about me, some will believe and follow me. Baptize them in the name of the Father, Son, and Holy Spirit. Be sure to pull them close—like I did with you—and show them how to love God, love people, and make disciples...who make more disciples...until every community in the world has disciple-making friends, who are making more disciple-making friends. As you live my disciple-making way of life you can have full assurance of my presence, power, and provision—for I am always with you.”

*From The Disciplemaking Genius of Jesus by Bill Allison*

# APPENDIX A

## LIFE'S DEFINING MOMENTS

Brainstorm a list of ten moments in your life that have made the biggest impact on the person you are today. This list should include both high points and hard times.

<b>5 HIGH POINTS</b> <i>(Moments of great success, pride, or joy)</i>	<b>5 HARD TIMES</b> <i>(Moments of failure, loss, or grief)</i>
1	1
2	2
3	3
4	4
5	5

After you have listed ten defining moments, circle the FIVE most important moments that have ended up defining your life (a combination of both the High Points & Hard Times). Then capture those five below in chronological order from the earliest in your life to the latest in your life.

### 5 MOST IMPORTANT MOMENTS

*List in chronological order*

- 1
- 2
- 3
- 4
- 5

# APPENDIX B

## GOOD NEWS JOURNAL: MARK

### Spiritual Practice #1: Regularly read Good News

**PRAY:** Ask the Lord to open your heart to His Spirit as you open His Word.

**READ, out loud, one chapter of a Gospel** (Good News) that Jesus wants to communicate to you today.

#### Week One:

- Mark 1
- Mark 2
- Mark 3
- Mark 4
- Wkly mtg.

#### Week Two:

- Mark 5
- Mark 6
- Mark 7
- Mark 8
- Wkly mtg.

#### Week Three:

- Mark 9
- Mark 10
- Mark 11
- Mark 12
- Wkly mtg.

#### Week Four:

- Mark 13
- Mark 14
- Mark 15
- Mark 16
- Wkly mtg.

### **READ (again slowly) & WRESTLE 2 questions.**

Write down your answers.

1. *What is Jesus saying to me about...Himself, myself and/or the world?*
  - *Who is God?*
  - *What has He done/is He doing?*
  - *Who am I/are we?*
  
2. *How does He want me to act on it?*
  - *A mindset to adopt or abandon?*
  - *A direction to step into or away from?*
  - *A person to pray for or care for?*
  - *An example to imitate or avoid?*

**PRAY:** Express to Jesus what you want to say to Him as a result of what He's been saying to you today.

QR  
CODE

Download this and other Good News Journals  
at [ClarityHouse.us/Gospel-Micro-Groups](https://ClarityHouse.us/Gospel-Micro-Groups)

# APPENDIX C

## INTEGRATING DISCIPLING TOOLS

### Example

LOOK BACK	LOOK UP	LOOK AHEAD
<p><b>Celebrate &amp; Care</b> What is something that happened this week that you are celebrating?</p> <p>What's something that happened this week that is painful? <i>[Go first!]</i></p> <p><b>Check-In</b> What's one thing that you did this past week, that Jesus directed you to do, from last week's readings? <i>[Go first!]</i></p> <p><i>Who, if anyone, did you pass on the good news God has been revealing to you through our time last week?</i></p> <p><b>Cast Vision (60 seconds)</b> Celebrate steps individuals have taken and briefly restate the vision for the micro group.</p> <p><i>"I want to remind us again why we're doing this together. What we are after is not merely knowing more about Jesus. There is way more the Spirit of God wants to do in us and through us as we learn to live all of life WITH and for Jesus. So, let's ask the Lord right now, to meet us in this time so we don't miss the adventures He has for us as we learn to hear and respond to His voice."</i></p>	<p>What Gospel chapters were you able to read? <i>[Demonstrate grace if needed.]</i></p> <p>What is a primary thing that you believe Jesus was saying to you this week in one of your readings?</p> <p>One of our reading this week was Mark 1. In verses 9-15, Jesus says: "The time (kairos) has come, repent and believe the good news!".</p> <p>Learning to identify Kairos Incidents in our lives is critical and transformative in our walk with Jesus and others.</p> <p>Here is a simple tool that has helped me identify, get below the water line and experience fresh meaningful transformation.</p> <div data-bbox="617 1365 998 1627" data-label="Diagram"> </div> <p>This is ultimately what we're doing in our times together, but we can use this as a way to get below the surface to hear and respond to Jesus in the everyday stuff.</p>	<p>What did you sense Jesus was/is asking you to do about what He is revealing to you?</p> <ul style="list-style-type: none"> <li>• A mindset to adopt or abandon?</li> <li>• A direction to step into or away from?</li> <li>• A person to pray or care for?</li> <li>• An example to imitate or avoid?</li> </ul> <p><b>Write down what each person says:</b></p> <ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul> <p>Let's each commit to using the Iceberg tool this week and even sharing with someone in our circle of influence—a family member, friend, co-worker, etc.</p> <p>Invite each person to pray concerning what the Lord was doing in them, as a result of your meeting together.</p>

# APPENDIX D

## TIPS FOR DISCIPLING UNBELIEVERS

The principles of Gospel Micro Groups can be easily adapted among not-yet followers of Jesus. This is often known as Discovery Bible Study and is used all over the world. This simple process is the foundation of a simple/organic church. It takes people from not knowing God to falling in love with Jesus. It establishes the DNA an emerging church.

**Below, you'll find a few tips and things to consider:**

1. Start with a Person of Peace (Luke 10:6) AND his/her extended relational network.
2. Once a person of peace is identified, a simple invitation may include something like: *“Have you ever looked at the claims of Jesus for yourself as an adult? Don't you think you owe it to yourself to take a look? Would you be willing to meet with me for a few weeks to simply look at what the Bible says about who Jesus is?”*
3. *Seek to lead a person/family/group to discover God and His Good News.*
4. *The Scripture is the authority. Focus on the passage or gospel story and avoid bringing in other outside materials. Let the very Word of God speak (John 6:44).*

**Below, you'll find a few tips and things to consider:**

*Adapt the normal Gospel Micro Group session flow slightly as illustrated below.*

LOOK BACK	LOOK UP	LOOK AHEAD
<p><b>Celebrate &amp; Care</b></p> <ul style="list-style-type: none"> <li>• What is something that happened this week that you are celebrating? <i>[Praise &amp; Worship]</i></li> <li>• What's something that happening this week that is painful or challenging? <i>[confession &amp; intercession]</i></li> </ul> <p><b>Check-In</b></p> <ul style="list-style-type: none"> <li>• Did you change anything in your life as a result of last week's study?" Or... "How did you apply what you learned last week?" <i>[Accountability/Obedience]</i></li> <li>• Did you get a chance to share the story with (the person they identified)? <i>[Evangelism]</i></li> </ul> <p><b>Cast Vision (60 seconds)</b></p> <ul style="list-style-type: none"> <li>• Remind the group that we're seeking to discover who Jesus is and what he says about Himself. <i>[Discovery]</i></li> </ul>	<p><b>Read Scripture:</b> Instead of challenging people to read four chapters on their own, simply read a chapter together when you gather.</p> <p><b>Ask</b> God to teach us as we read the passage. After the story/chapter has been read, ask someone to retell the story. <i>[Understanding &amp; Evangelism]</i></p> <p><b>Ask</b> others to add what was left out or to correct if things were added. <i>[Priesthood of believers, Understanding, Correction]</i></p> <p><b>Ask</b> the HOUSE questions:</p> <ul style="list-style-type: none"> <li>• What does this passage say or reveal about who God is?</li> <li>• What is God (Father, Son or Spirit) doing in this passage?</li> <li>• What does it say about who we are/ you are?</li> </ul>	<p><b>Ask:</b> If we believe this is true, how must we change? (If you believe this is true, how would you have to respond?) <i>[Authority of Scripture, Obedience, Priesthood of Believers]</i></p> <p><b>Ask:</b> Who in your life could you share the good news you've discovered in this passage/ story? <i>[evangelism &amp; multiplication]</i></p> <p><i>Here your friends are being disciplined to depend on Scripture as their source of spiritual authority. Repeating this same simple pattern over and over sows seed of the good news into their life. It allows the Holy Spirit to gently yet profoundly reveal Jesus to them.</i></p>

# GOOD NEWS JOURNAL: JOHN

## Spiritual Practice #1: Regularly read Good News

**PRAY:** Ask the Lord to open your heart to His Spirit as you open His Word.

**READ, out loud, one chapter of a Gospel** (Good News) that Jesus wants to communicate to you today.

Week One:	Week Two:	Week Three:	Week Four:	Week Five:
<input type="checkbox"/> John 1	<input type="checkbox"/> John 5	<input type="checkbox"/> John 9	<input type="checkbox"/> John 13	<input type="checkbox"/> John 17
<input type="checkbox"/> John 2	<input type="checkbox"/> John 6	<input type="checkbox"/> John 10	<input type="checkbox"/> John 14	<input type="checkbox"/> John 18
<input type="checkbox"/> John 3	<input type="checkbox"/> John 7	<input type="checkbox"/> John 11	<input type="checkbox"/> John 15	<input type="checkbox"/> John 19
<input type="checkbox"/> John 4	<input type="checkbox"/> John 8	<input type="checkbox"/> John 12	<input type="checkbox"/> John 16	<input type="checkbox"/> John 20-21
<input type="checkbox"/> Wkly mtg.				

### **READ (again slowly) & WRESTLE 2 questions.**

Write down your answers.

1. *What is Jesus saying to me about...Himself, myself and/or the world?*
  - *Who is God?*
  - *What has He done/is He doing?*
  - *Who am I/are we?*
2. *How does He want me to act on it?*
  - *A mindset to adopt or abandon?*
  - *A direction to step into or away from?*
  - *A person to pray for or care for?*
  - *An example to imitate or avoid?*

**PRAY:** Express to Jesus what you want to say to Him as a result of what He's been saying to you today.

# GOOD NEWS JOURNAL: LUKE

## Spiritual Practice #1:

### Regularly read Good News

**PRAY:** Ask the Lord to open your heart to His Spirit as you open His Word.

**READ, out loud, one chapter of a Gospel** (Good News) that Jesus wants to communicate to you today.

Week One:	Week Two:	Week Three:	Week Four:	Week Five:	Week Six:
<input type="checkbox"/> Luke 1	<input type="checkbox"/> Luke 5	<input type="checkbox"/> Luke 9	<input type="checkbox"/> Luke 13	<input type="checkbox"/> Luke 17	<input type="checkbox"/> Luke 21
<input type="checkbox"/> Luke 2	<input type="checkbox"/> Luke 6	<input type="checkbox"/> Luke 10	<input type="checkbox"/> Luke 14	<input type="checkbox"/> Luke 18	<input type="checkbox"/> Luke 22
<input type="checkbox"/> Luke 3	<input type="checkbox"/> Luke 7	<input type="checkbox"/> Luke 11	<input type="checkbox"/> Luke 15	<input type="checkbox"/> Luke 19	<input type="checkbox"/> Luke 23
<input type="checkbox"/> Luke 4	<input type="checkbox"/> Luke 8	<input type="checkbox"/> Luke 12	<input type="checkbox"/> Luke 16	<input type="checkbox"/> Luke 20	<input type="checkbox"/> Luke 24
<input type="checkbox"/> Wkly mtg.					

### **READ (again slowly) & WRESTLE 2 questions.**

Write down your answers.

- 1. What is Jesus saying to me about...Himself, myself and/or the world?*
  - Who is God?*
  - What has He done/is He doing?*
  - Who am I/are we?*
- 2. How does He want me to act on it?*
  - A mindset to adopt or abandon?*
  - A direction to step into or away from?*
  - A person to pray for or care for?*
  - An example to imitate or avoid?*

**PRAY:** Express to Jesus what you want to say to Him as a result of what He's been saying to you today.

# GOOD NEWS JOURNAL: MATT.

## Spiritual Practice #1:

### Regularly read Good News

**PRAY:** Ask the Lord to open your heart to His Spirit as you open His Word.

**READ, out loud, one chapter of a Gospel** (Good News) that Jesus wants to communicate to you today.

#### Week One:

- Matt. 1
- Matt. 2
- Matt. 3
- Matt. 4
- Wkly mtg.

#### Week Two:

- Matt. 5
- Matt. 6
- Matt. 7
- Matt. 8
- Wkly mtg.

#### Week Three:

- Matt. 9
- Matt. 10
- Matt. 11
- Matt. 12
- Wkly mtg.

#### Week Four:

- Matt. 13
- Matt. 14
- Matt. 15
- Matt. 16
- Wkly mtg.

#### Week Five:

- Matt. 17
- Matt. 18
- Matt. 19
- Matt. 20
- Wkly mtg.

#### Week Six:

- Matt. 21
- Matt. 22
- Matt. 23
- Matt. 24
- Wkly mtg.

#### Week Seven:

- Matt. 25
- Matt. 26
- Matt. 27
- Matt. 28
- Wkly mtg.

### READ (again slowly) & WRESTLE 2 questions.

Write down your answers.

1. *What's Jesus saying to me about...Himself, myself and/or the world?*

- *Who is God?*
- *What has He done/is He doing?*
- *Who am I/are we?*

2. *How does He want me to act on it?*

- *A mindset to adopt or abandon?*
- *Something to step into or away from?*
- *A person to pray for or care for?*
- *An example to imitate or avoid?*

**PRAY:** Express to Jesus what you want to say to Him as a result of what He's been saying to you today.

# GOOD NEWS JOURNAL: ACTS

## Spiritual Practice #1: Regularly read Good News

**PRAY:** Ask the Lord to open your heart to His Spirit as you open His Word.

**READ, out loud, one chapter of a Gospel** (Good News) that Jesus wants to communicate to you today.

### Week One:

- Acts 1
- Acts 2
- Acts 3
- Acts 4
- Wkly mtg.

### Week Two:

- Acts 5
- Acts 6
- Acts 7
- Acts 8
- Wkly mtg.

### Week Three:

- Acts 9
- Acts 10
- Acts 11
- Acts 12
- Wkly mtg.

### Week Four:

- Acts 13
- Acts 14
- Acts 15
- Acts 16
- Wkly mtg.

### Week Five:

- Acts 17
- Acts 18
- Acts 19
- Acts 20
- Wkly mtg.

### Week Six:

- Acts 21
- Acts 22
- Acts 23
- Acts 24
- Wkly mtg.

### Week Seven:

- Acts 25
- Acts 26
- Acts 27
- Acts 28
- Wkly mtg.

**READ (again slowly) & WRESTLE 2 questions.**

Write down your answers.

1. *What is Jesus saying to me about...Himself, myself and/or the world?*
  - *Who is God?*
  - *What has He done/is He doing?*
  - *Who am I/are we?*
2. *How does He want me to act on it?*
  - *A mindset to adopt or abandon?*
  - *A direction to step into or away from?*
  - *A person to pray for or care for?*
  - *An example to imitate or avoid?*

**PRAY:** Express to Jesus what you want to say to Him as a result of what He's been saying to you today.

# GOOD NEWS JOURNAL: CORE DISCIPLESHIP TOPICS

## Spiritual Practice #1: Regularly Read Good News

**PRAY:** Ask the Lord to open your heart to His Spirit as you open His Word.

**READ,** out loud, one of the passages and listen for what Jesus wants to communicate

The following are basic discipleship topics. You can move through all eight series of topics with those you are discipling or focus on sets that those in your group may need most.

### TRUST A

- [Genesis 1:1-31](#)
- [Genesis 3:1-24](#)
- [Genesis 6:9-22](#)
- [Exodus 20:1-21](#)
- [Leviticus 4:1-35](#)
- [Isaiah 53](#)
- [Hosea 3:1-5](#)
- [Luke 1:26-38, 2:1-20](#)
- [Luke 5:17-26](#)

### TRUST B

- [John 3:1-21](#)
- [Luke 15:11-32](#)
- [Luke 18:18-30](#)
- [John 11:17-44](#)
- [Luke 24:36-53](#)
- [Romans 5:1-11](#)
- [Acts 1:1-11](#)
- [Acts 2:29-38](#)

### OBEY

- [Mark 7:17-23](#)
- [Luke 9:21-25](#)
- [Luke 18:9-14](#)
- [Ephesians 2:1-10](#)
- [1 John 2:1-6](#)
- [Psalm 119:1-8](#)
- [Romans 12:1-2](#)
- [Proverbs 3:5-6](#)
- [1 Corinthians 6:12-20](#)

### RELATE

- [Mark 2:1-12](#)
- [Hebrews 10:24-25](#)
- [Philippians 2:3-8](#)
- [Ecclesiastes 4:9-10](#)
- [Acts 2:41-47](#)
- [John 13:34-35](#)
- [1 Peter 1:22, 3:8, 4:9, 5:5](#)
- [Ephesians 4:2, 4:32,](#)

### SERVE

- [Luke 12:13-21](#)
- [Luke 8:4-15](#)
- [Romans 12:3-8](#)
- [Luke 19:11-28](#)
- [1 Peter 4:7-11](#)
- [Galatians 3:26-29](#)
- [1 Peter 2:1-9](#)
- [Matthew 28:16-20](#)

### GIVE

- [Romans 8:32](#)
- [Matthew 6:19-34](#)
- [Luke 18:18-30](#)
- [2 Corinthians 9:6-15](#)
- [Ecclesiastes 2:1-11](#)
- [Proverbs 6:6-11](#)
- [1 Timothy 6:6-10](#)
- [Mark 12:41-43](#)

### SHARE

- [Matthew 28:18-20](#)
- [2 Corinthians 5:11-21](#)
- [Matthew 5:13-16](#)
- [1 Corinthians 9:19-23](#)
- [Luke 10:1-10](#)
- [Acts 1:6-8](#)
- [John 4:27-37](#)
- [Luke 19:1-10](#)

### DISCIPLE

- [Matthew 28:16-20](#)
- [Luke 14:25-34](#)
- [2 Timothy 2:1-10](#)
- [John 15:1-17](#)
- [Matthew 5:1-16](#)
- [2 Corinthians 5:16-20](#)
- [Hebrews 5:11-14](#)

**READ (again slowly) & WRESTLE 2 questions.**

1. *What is Jesus saying to me about...Himself, myself and/or the world?*
2. *How does He want me to act on it?*

**PRAY:** Express to Jesus what you want to say to Him as a result of what He's been saying to