

# SESSION 4 FOLLOW-UP & ACTION ITEMS

## SESSION 4 SUMMARY:

In session 4, we introduced you to three key ingredients of a disciple-making culture:

- The Atmosphere: Love + Hope + Faith
- The Methodology: Information + Imitation + Innovation
- The Process. Invitation + Challenge

Before we simply move right into training, we must identify the target. We challenged you to identify the **top 5 character traits and the top 5 competency traits** of a disciple in your context. This target will clarify what you need to both teach AND train. The place we started this work is in the life of Christ because a good disciple-making culture always has a strong Christology. We then moved to what we see modeled in the early disciples of Jesus in the book of Acts.

## SESSION 4 ACTION TIMES:

**Red Letters Gospels & Acts P. 3-5**

*Synthesize your observations from the Gospels and Acts to create a single list of the top 5 Character and Competency traits of Jesus and the first disciples.*

**Top 10 Saints P. 3-6**

Think about the men and women from your church—past or present— who you would describe as “model disciples”. These are people you’d love to have scores of. Describe their character and their competencies. (Note: this is best done individually first, then compare notes as a team to get to your Top 10. Allow for people to agree or disagree).

Then, synthesize your observations to create a single Top 5 character and Top 5 Competency traits of disciples from your church.

## PREPARATION FOR SESSION 5:

**Be ready to report out your Character/Competency Sweet Spot (for your church) P. 3-8**

Once you've completed the above, synthesize your work from Red Letter's and Top 10 Saints exercises into two lists of your Top 5 character traits and Top Competency traits of disciples you're raising up. *Write a one-sentence definition for each. List those on the top of pages 3-8*

*For Example:*

- *Character Traits are things like: Compassion, Resilience, Humility, Generosity, etc.*
- *Competency Traits are things like: Healing, Gospel-Fluency, Hospitality, Influencer*

**Watch the Session 5 Preparation Video** entitled *From Teaching to Training*

This video is very short but it will call you to take either the Disciple's journey or the teaching or the Ingredients to a Disciple-making Culture and use them as a training exercise with your staff, ministry leaders, or someone you're currently investing in. (Note: We double-dog care you to take the challenge. The handouts for the challenge can be found below. )

## Ingredients to a Disciple-making Culture

Scan the QR code to watch the video or click the link below:  
<https://youtu.be/B7CYWc4XCnk>



### The Atmosphere

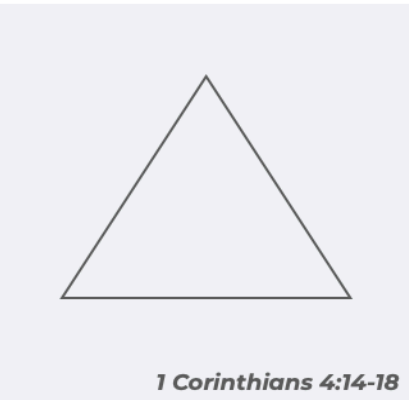
Love: \_\_\_\_\_

Faith: \_\_\_\_\_

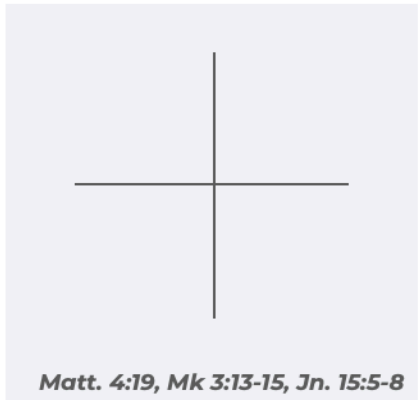
Hope: \_\_\_\_\_

**1 Corinthians 13:13**

### The Process



### The Methodology



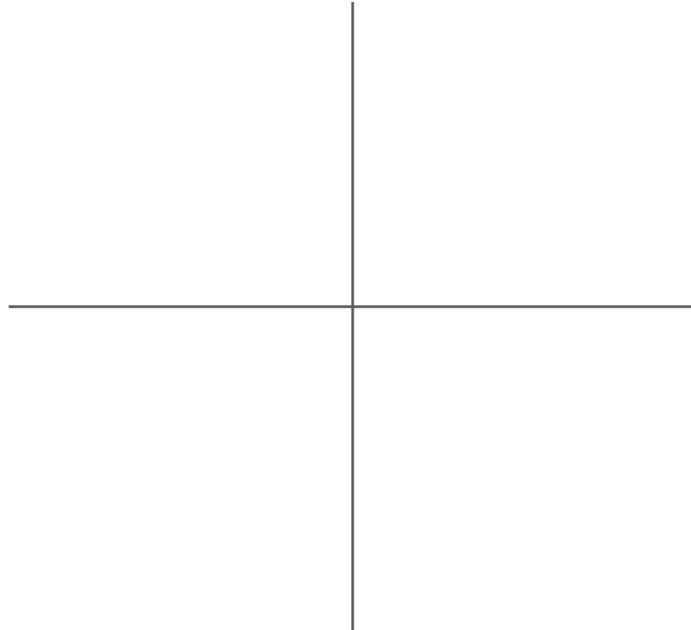
## REFLECT - DISCUSS - ACT

1. What stood out to you most from the teaching on the Ingredients of a Disciple-making Culture? Why?
2. Who is someone who has helped you learn to follow Jesus? What, specifically, did they do and how did they do it?
3. Re-read 1 Corinthians 4:14-18. How many generations do you see in this text? What is necessary to pass on a “way of life” from one person to another versus passing on a “teaching”?
4. Think of three people you are currently investing in. Where would you plot them on the Invitation/Challenge matrix? Why?
5. What do you think each person needs most next—more invitation or more challenge? Why?
6. What is the Holy Spirit specifically promoting you to be or do for each of those people? When will you do it?
7. When will we meet next to celebrate what we acted on, how it went, and what we learned?

## The Disciple's Journey

Scan the QR code to watch the video or click the link below:

<https://youtu.be/dLxwsCElFiA>



### REFLECT - DISCUSS - ACT

1. Think of a time you were trying to learn something new:
  - a. What were you learning?
  - b. What did it feel like when you hit the D2 Dip?
  - c. What did you need from someone else to keep going and not quit?
  - d. What are you thankful for today now that you've learned it?
2. When people we're leading slip into D2, what do you think we as leaders sometimes misdiagnose that as?
3. Who do you know who is great at helping people they are leading get through D2 and into D3 & D4? How would you describe what you have observed that they do?
4. Who is someone in your home, work or ministry that you would like to see grow in a particular competence? What competence (skill) do you believe they would be motivated to grow in?
5. Where are they currently on the Disciple's journey matrix? What are three things could you do to come alongside that person to help them grow in that particular skill?
6. What will you do? When will you do it? And, when can we meet next to discuss what you learned?